

AGENDA

June 11th | 11 de junio

- **Full Moon welcome ceremony**
Ceremonia de luna llena
6:00 p.m. - Luna Terrace | *Terraza Luna*
- **Welcome dinner**
Cena de bienvenida
7:00 p.m. - Beach | *Playa*

June 12th | 12 de junio

- **Hot sculpt**
Francesca Maietta
8:00 a.m. - Luna Terrace | *Terraza Luna*
- **Adaptogens 101 workshop**
Taller de Adaptógenos 101
Ariana Medizade
11:30 a.m.
- **Incense workshop | *Taller de sahumerios***
Alhumo
4:00 pm - Del Mar Terrace | *Terraza Del Mar*
- **Qigong class | *Clase de qigong***
TBC
5:30 p.m. - Beach | *Playa*

June 13th | 13 de junio

- **Power flow yoga**
Francesca Maietta
8:30 a.m.
Pool Pergola | *Pérgola de piscina*

June 13th | 13 de junio

- **The Magnesium Reset workshop**
Taller de balance de hormonas
Ariana Medizade
10:00 a.m. - Roca Bar
- **Superfoods mocktails workshop**
Taller de mocteles con 'superfoods'
Camille Wilson
11:30 a.m. - Del Mar Terrace | *Terraza Del Mar*
- **Shake and Sculpt**
Magaly Guerra
5:00 p.m. - Pool Pergola | *Pérgola de piscina*

June 14th | 14 de junio

- **Mat pilates | *Pilates en mat***
Sivan T.
7:00 a.m. - Pool Pergola | *Pérgola de piscina*
- **Anti-aging workshop**
Taller antienvjecimiento
Natalia Naila
11:30 a.m. - Bar 51
- **Essential Oils Herbal workshop**
Taller herbal de aceites esenciales
Natura Bissé
4:00 p.m.
Agave Tasting Room | *Salón de degustación Agave*
- **Sound healing | *Sonoterapia***
5:30 p.m. - Pool Pergola | *Pérgola de piscina*

June 15th | 15 de junio

- **Closing breakfast | *Desayuno de despedida***
7:00 a.m. - Roca Bar