

# AGENDA

## June 11th | 11 de junio

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- **Full Moon Stargazing**  
*Observación de estrellas en luna llena*  
6:00 p.m.  
Azul Garden | *Jardín Azul*
- **Welcome dinner**  
*Cena de bienvenida*  
7:00 p.m. - Terraza del Mar

## June 12th | 12 de junio

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- **Full Body Training**  
*Entrenamiento de cuerpo completo*  
TBC  
7:00 a.m. - Beach | *Playa*
- **Stretching**  
*Estiramientos*  
Emma Troupe  
8:00 a.m. - Playa | *Beach*
- **Facial Skincare Workshop**  
*Taller de cuidado facial*  
Nate Brown  
3:00 p.m.  
Tequila & Mezcal Tasting Room  
*Salón de degustación Tequila & Mezcal*
- **Family Workshop | Taller familiar**  
Paige Lindgren  
7:30 p.m.  
Main Garden | *Jardín Principal*

## June 13th | 13 de junio

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- **Spartan Boot Camp**  
*Boot camp espartano*  
Nate Brown  
7:00 a.m. - Terraza | *Terrace*
- **Ice Bath | Baño frío**  
8:00 a.m.  
Main Garden | *Jardín Principal*
- **Experience at Night + Sound Healing**  
*Experiencia nocturna + sonoterapia*  
6:30 p.m. - SE Spa

## June 14th | 14 de junio

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- **Ocean Dive**  
9:00 a.m. - Bella Yacht
- **Pilates (Reformer)**  
Emma Troupe  
7:00 a.m.  
Del Mar Terrace | *Terraza Del Mar*
- **Indoor High-Intensity Cycling**  
*Ciclismo de alta intensidad*  
4:00 p.m.  
Convention Center  
*Centro de Convenciones*

## June 15th | 15 de junio

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- **Closing race | Carrera de cierre**  
7:00 a.m. - San José del Cabo